

DIY Bath Bombs

You'll Need:

- 1 cup baking soda
- ½ cup citric acid
- ½ cup Epsom salt
- ½ cup cornstarch
- 2½ tbsp coconut oil (or sweet almond oil)
- ¾ tbsp water
- 10–15 drops essential oils
- Food coloring (optional)
- Bath bomb molds or silicone molds
- Bowl and whisk

Steps:

1. **Mix dry ingredients:** In a large bowl, combine baking soda, citric acid, Epsom salt, and cornstarch. Whisk until fully blended.
2. **Mix wet ingredients:** In a separate bowl or jar, mix the coconut oil, water, essential oil, and food coloring.
3. **Slowly combine:** Slowly add the wet ingredients to the dry mixture a.little.at.a.time, whisking constantly to avoid fizzing.
4. **Check texture:** It should feel like damp sand—moldable but not too wet.
5. **Pack the molds:** Press the mixture firmly into each side of the mold, then press both halves together.
6. **Let dry:** Carefully remove bath bombs after a few hours, or let them dry in the mold overnight.
7. **Wrap or store:** Once dry and hardened, wrap in plastic wrap or parchment and store in an airtight container.